



## Future Leaders Program Curriculum Content

**Overview:** FLP uses a hybrid academic/career technical education (CTE) delivery format. Current lesson plans fall under one of four broad categories: leadership, citizenship, life skills (personal growth), and military science. The program also has a few history-related lesson plans that focus on significant events in American history and the use and function of the U.S. Armed Forces.

**Primary Tenets:** The four FLP tenets are Leadership, Citizenship, Life Skills, and Military Science.



**Core Subjects:** The curriculum is built around eight core subjects taught every year. Many of these subject are taught twice a year; once in the fall and once in the spring (both are taught in a semester for schools on the block-schedule). The core subjects are (listed alphabetically):

- Career Direction
- Citizenship
- Communication
- Emergency Preparedness
- Financial Literacy
- First Aid
- Healthy Lifestyle
- Leadership

**Yearly Progression:** Each year the program offers two types of classes: an introductory class and an advance class. Each class has its own unique code and name for transcript purposes and a color for informal reference. The introductory class is called “FLP Foundations” (the “green” class). There are three advance classes that rotate yearly (commonly referred to as the Blue, Silver, and Gold classes). FLP advance classes build on FLP Foundations but are independent of each other. All students taking FLP for the second through fourth year will enroll in the same advance class regardless of how many years they have participated in the program. The diagrams below show the FLP progression schedule for both traditional and block schedules.

## Traditional (45 minute) Schedule

Sem.	Student FLP Year	SY 20xx – 20xx	SY 20xx – 20xx	SY 20xx – 20xx	SY 20xx – 20xx
Fall Spring	1	FLP Foundations FUT LDR 1 7795 (Green Course)	FLP Foundations FUT LDR 1 7795 (Green Course)	FLP Foundations FUT LDR 1 7795 (Green Course)	FLP Foundations FUT LDR 1 7795 (Green Course)
Fall Spring	2-4	FLP xxx (Blue Course) FUT LDR 2 7796	FLP xxx (Silver Course) FUT LDR 3 7797	FLP xxx (Gold Course) FUT LDR 4 7798	FLP xxx (Blue Course) FUT LDR 2 7796

## Block (90 minute) Schedule

Sem.	Student FLP Year	SY 20xx – 20xx	SY 20xx – 20xx	SY 20xx – 20xx	SY 20xx – 20xx
Fall Spring	1	FLP Foundations FUT LDR 1 7795 (Green Course)	FLP Foundations FUT LDR 1 7795 (Green Course)	FLP Foundations FUT LDR 1 7795 (Green Course)	FLP Foundations FUT LDR 1 7795 (Green Course)
Fall	2-4	FLP xxx (Blue Course) FUT LDR 2 7796	FLP xxx (Silver Course) FUT LDR 3 7797	FLP xxx (Gold Course) FUT LDR 4 7798	FLP xxx (Blue Course) FUT LDR 2 7796
Spring	2-4	FLP xxx (Blue Course) FUT LDR 2 7796	FLP xxx (Silver Course) FUT LDR 3 7797	FLP xxx (Gold Course) FUT LDR 4 7798	FLP xxx (Blue Course) FUT LDR 2 7796

**Sample Lesson Plans:** Below is a list of lesson plans offered for FLP 1 (Foundations).

**Leadership:** Principles of Leadership, Leadership study (specific individuals), Introduction to Public Speaking, Public Speaking practical exercises, Guest Speaker (community leader), Medal of Honor Recipients, Leadership Case Studies, Class Leadership positions, and Drill & Ceremony.

**Citizenship:** Flag Etiquette, Foundation of U.S. Citizenship, USA’s Founding Documents (an overview), American Symbols & Values.

**Life Skills:** Goal Setting/Career Direction, Time & Stress Management, Resiliency, Healthy Lifestyle (includes the “Health Triangle”), Substance Abuse, Anti-bullying, Financial Literacy (money management and financial services), First

Aid (CPR, AED, Stop Bleeding, Elderly Care), Emergency Preparedness (Planning & Preparing), Ethics, Values, & Morals, Road Map Reading.

**Military Science:** Army Values, Physical Fitness, Military Communications, Hierarchy & Rank, and Customs & Courtesies.

**History:** Global War on Terrorism (September 11, 2001), Pearl Harbor Day (Dec 7), Astronaut Remembrance (Apollo 1, Challenger, and Columbia), and Space Week.