**Future Leaders Program**

**Curriculum Content**

**Overview:** FLP uses a hybrid academic/career technical education (CTE) delivery format.  Current lesson plans fall under one of four broad categories: leadership, citizenship, life skills, and military science.  The program has a few history-related lesson plans that focus on significant events in American history.

**Primary Tenets:** The four FLP tenets are Leadership, Citizenship, Life Skills, and Military Science.

**Core Topics:** The curriculum is built around nine core topics taught twice a year, once in the fall and once in the spring (or twice a semester for Block schedule schools). The content of each topic is different. The core topics are:

* Career Direction
* Citizenship
* Communication
* Emergency Preparedness
* Financial Literacy
* First Aid
* Healthy Lifestyle
* Leadership
* Military Science

**Sample Lesson Plans:** Below is a partial list of lesson plans offered throughout the four-year FLP curriculum.

* **Career Direction:** Introduction to Careers, Interests and Aptitudes, Resumes and Job Applications, Job Interviews, and Career Requirements and Research.
* **Citizenship Lesson Plans**: Flag Etiquette, Foundation of U.S. Citizenship, USA’s Founding Documents (an overview), American Symbols & Values, the U.S. Constitution, and Bill of Rights and Amendments.
* **Communications:** Introduction to Communications, Introduction to Public Speaking, Public Speaking practical exercises, and multiple presentation requirements.
* **Emergency Preparedness:** Introduction to Emergency Preparedness, Planning and Preparing, Wilderness Survival, Wilderness First Aid, and U.S. Natural Disasters.
* **First Aid:** Lifesaving Skills, Allergic Reactions, Cold and Heat Injuries, Everyday First Aid, and Triage and Transport.
* **Healthy Lifestyle:** Physical Fitness, Healthy Lifestyle and the Health Triangle, Anti-bullying Skills, Substance Abuse, Stress Management, Teenage Resiliency Skills and Anti-bullying, Dating Abuse & Healthy Relationships, Strength, Conditioning, and Recreational Sports, Suicide Awareness and Prevention, NS How Food Works.
* **Leadership**: Introduction to Leadership, Principles of Leadership (military), Leadership Case Study (specific individuals), Guest Speaker (community leader), and Medal of Honor Recipients.
* **Military Science Lesson Plans**: Drill and Ceremony, Physical Fitness, Hierarchy & Rank, and Customs & Courtesies.
* **Potential History Lesson Plans**: Global War on Terrorism (September 11, 2001), Pearl Harbor Day (Dec 7), and Astronaut Remembrance (Apollo 1, Challenger, and Columbia)

**Yearly Progression:** Each year the program offers two types of classes: an introductory class (FLP Foundations) and an advance class (Pathways, Visions, or Strategies).  Each class has its own unique code and name for transcript purposes and a name and color for easy reference. Each advance class builds on FLP Foundations but are independent of each other.  All students taking FLP for the second through fourth year will enroll in the same advance class regardless of how many years they have participated in the program.